

**VOLMET**

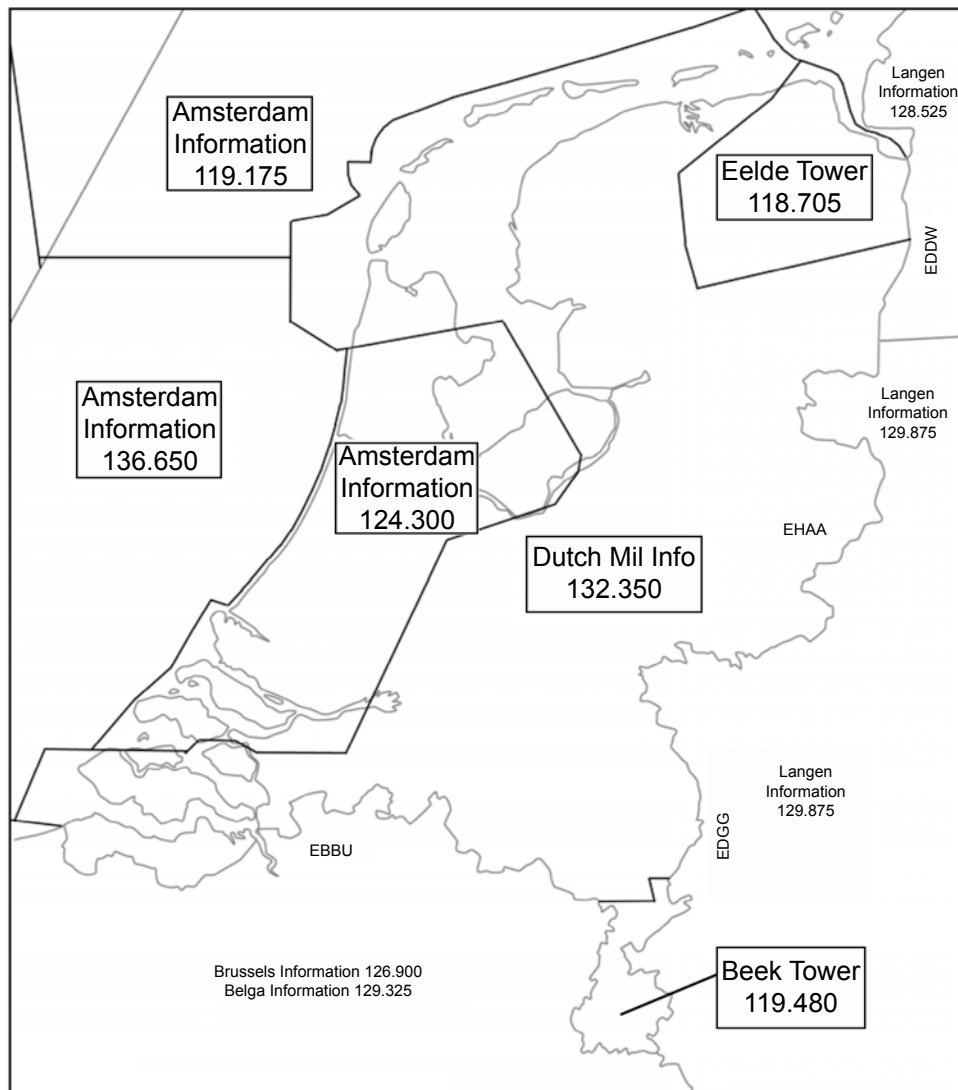
Amsterdam	126.200
Brussels	127.800
Frankfurt	127.600
Frankfurt	135.775
London (Main)	135.375
London (North)	126.600
London (South)	128.600

**Emergency**

Emergency Frequency 121.500

**Transponder Codes**

VFR	7000
Unlawful Interference	7500
Communication Failure	7600
Emergency	7700



EHAL	Ameland Radio	118.355	EHGR*	Gilze-Rijen Tower	125.330						
EHAM	Schiphol APP/DEP	119.055	EHHA	Schiphol Tower	119.230						
	Schiphol Approach	118.080		Heliport Operations	131.500						
	Schiphol Approach	121.205	EHHO	Hoogeveen Radio	127.355						
	Schiphol Approach	131.155		EHHV	Hilversum Radio	131.030					
	Schiphol Arrival	118.405	EHKD*		De Kooy Arrival	124.230					
	Schiphol Arrival	126.680		De Kooy Tower	120.130						
	Schiphol Tower	118.105		De Kooy Ground	121.730						
	Schiphol Tower	118.280		ATIS	133.010						
	Schiphol Tower	135.110	EHLE	Lelystad Arrival	134.530						
	Schiphol Delivery	121.980		Lelystad Tower	135.180						
	Schiphol Planner	121.655		Lelystad Delivery	123.680						
	Schiphol Ground	121.560		ATIS	120.730						
	Schiphol Ground	121.705	EHLW*	Leeuwarden Tower	120.705						
	Schiphol Ground	121.805		EHMZ	Midden Zeeland Radio	119.255					
Schiphol Ground	121.905	EHOW			Oostwold Radio	118.330					
ATIS Arrival	132.980				EHRD	Rotterdam Approach	122.990				
ATIS Arrival (SPL)	108.400		Rotterdam Approach			131.155					
ATIS Departure	122.205		Rotterdam Tower	118.205							
EHBD	Budel Radio	122.155	Rotterdam Tower	119.705							
	EHBK	Beek Approach	123.980	Rotterdam Delivery	122.180						
		Beek Approach	120.205	ATIS	128.565						
		Beek Tower	119.480	EHSE	Seppe Radio	120.655					
Beek Tower		119.705	EHST		Stadskanaal Radio	123.430					
Beek Delivery	121.830	EHTE			Teuge Radio	121.005					
ATIS	124.580				EHTL	Terlet Radio	130.130				
EHDL*	Deelen Tower			129.930		EHTW	Twente Radio	119.955			
	EHDR		Drachten Radio	119.655			EHTX	Texel Radio	119.305		
		EHEH*	Rapcon South	123.180				EHVK	Volkel Tower	136.080	
			Eindhoven Arrival	124.530	EHWO				Woensdrecht Tower	120.430	
Eindhoven Arrival**			132.530	ZZZZ		Middenmeer Radio			123.425		
Eindhoven Tower	131.005		ZZZZ			Traffic Port Radio	130.650				
Eindhoven Tower	122.100	EHGG	EHGG	EHGG		EHGG					
Eindhoven Tower	121.930				Eelde Approach		120.305				
Eindhoven Ground	121.930				Eelde Approach		119.705				
ATIS	126.030				Eelde Tower		118.705				
EHGV	Eelde Approach	120.305	EHGG	EHGG	EHGG						
	Eelde Approach	119.705				Eelde Tower	118.705				
	Eelde Tower	118.705				Eelde Delivery	121.705				
	Eelde Delivery	121.705				ATIS	133.555				
EHGG	Eelde Approach	120.305	EHGG	EHGG	EHGG						
	Eelde Approach	119.705				EHGG	EHGG	EHGG			
	Eelde Tower	118.705							EHGG	EHGG	EHGG
	Eelde Delivery	121.705									
ATIS	133.555	EHGG	EHGG	EHGG							

\* If no contact, call Dutch Mil Info 132.350

\*\*VFR crossing Eindhoven TMA

**VOLMET**

Amsterdam	126.200
Brussels	127.805
Frankfurt	127.600
Frankfurt	135.775
London (Main)	135.375
London (North)	126.600
London (South)	128.600
Paris	126.000
Paris	125.150

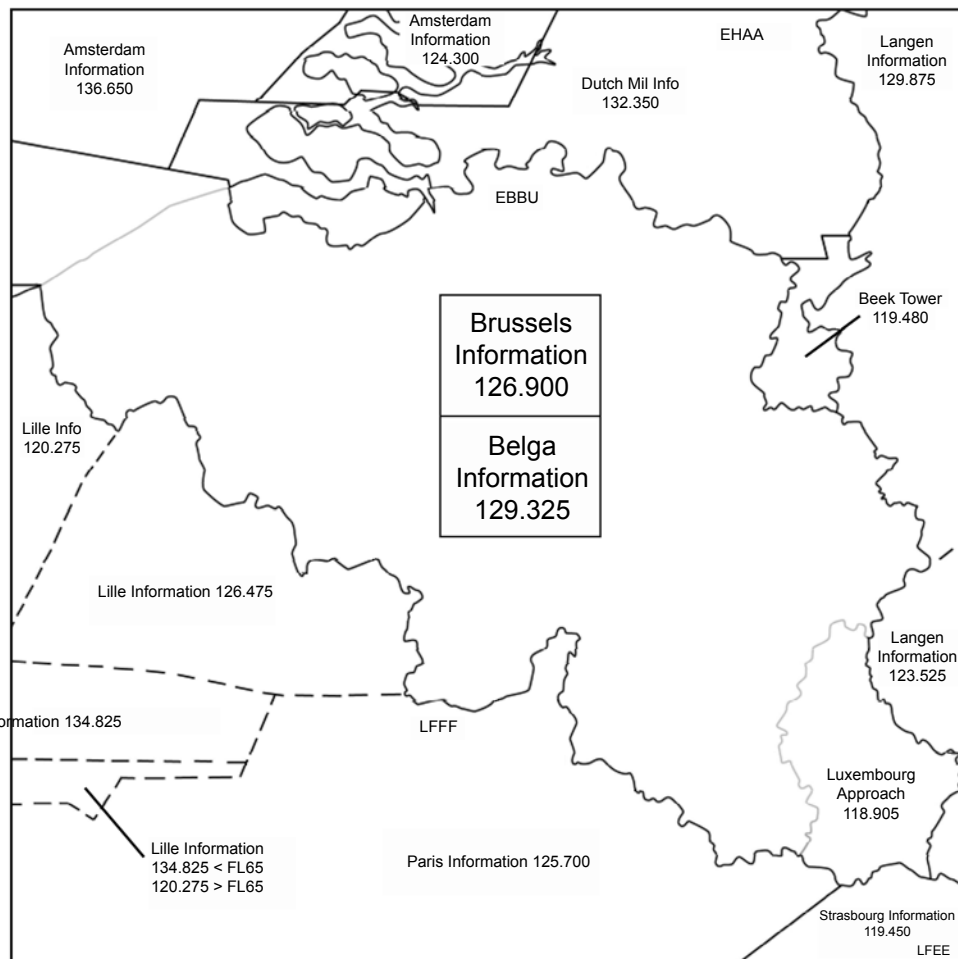
**Emergency**

Emergency Frequency 121.500

**Transponder Codes**

VFR	7000
Unlawful Interference	7500
Communication Failure	7600
Emergency	7700

To close your flight plan call +32 (0)2 2062540



EBAM	Amougies Radio	119.755	EBKT	Kortrijk Info	134.055
EBAR	Arlon Radio	123.430	EBKW	Knokke Radio	124.705
EBAV	Hannut Radio	129.980	EBLE	Beverlo Radio	125.530
EBAW	Antwerpen Tower	135.205	EBLG	Liege Approach	119.280
	Antwerpen Tower	119.700		Liege Tower	118.130
	Antwerpen Ground	121.905		Liege Tower	130.625
	ATIS	124.205		Liege Ground	121.930
				ATIS	126.255
EBBE	Beauvechain Approach	122.830		ATIS (LGE)	115.450
	Beauvechain Tower	130.730	EBMO	Moorsele Radio	120.505
EBBL	Kleine Brogel Approach	134.480	EBNM	Namur Radio	118.005
	Kleine Brogel Tower	134.105	EBOS	Oostende Approach	120.600
EBBN	Bullingen Radio	118.980		Oostende Approach	127.330
EBBR	Brussels Arrival	118.255		Oostende Tower	118.180
	Brussels Departure	126.630		Oostende Ground	121.980
	Brussels Tower	118.605		ATIS	126.130
	Brussels Tower	120.780	EBPW	Pecq Radio	121.130
	Brussels Ground	121.880	EBSG	Saint Ghislain Radio	119.555
	Brussels Ground	118.055	EBSH	Saint Hubert Radio	122.180
	Brussels Delivery	121.955	EBSL	Zutendaal Radio	134.930
	ATIS Arrival (BUN)	110.600	EBSP	Spa Radio	124.640
	ATIS Arrival (FLO)	112.050	EBST	Brustem Radio	119.980
	ATIS (BUB)	114.600	EBSW	Sint-Pieters-Leeuw Radio	129.880
	ATIS (HUL)	117.550	EBTN	Goetsenhoven Radio	125.380
	ATIS (AFI)	114.900	EBTX	Theux Radio	119.005
	ATIS	132.480	EBTY	Tournai Radio	118.430
	ATIS Departure	121.755	EBUL	Ursel Radio	135.130
EBBT	Brasschaat Radio	122.905	EBWE	Weelde Radio	119.605
EBBY	Baisy-Thy Radio	132.005	EBZH	Hasselt Radio	118.330
EBCF	Cerfontaine Radio	123.205	EBZR	Zoersel Radio	123.805
EBCI	Charleroi Approach	133.130	EBZU	Zuienkerke Radio	123.430
	Charleroi Approach	128.725	EBZW	Genk Radio	120.405
	Charleroi Tower	121.305	ELLX	Luxembourg Approach	118.905
	Charleroi Ground	121.805		Luxembourg Tower	118.105
	ATIS (GSY)	115.700		ATIS	134.755
	ATIS	134.630	ELNT	Noertrange Information	126.955
EBCV	Chievres Tower	136.505	ELUS	Useldange Information	129.435
EBDT	Schaffen Radio	118.930	EBKH	Balen Radio	120.310
EBEH	Plat Taille Radio	130.130			
EBFN	Koksijde Tower	122.100			
EBFS	Florennes Tower	125.880			
EBGB	Grimbergen Radio	119.505			
EBGG	Overboelare Radio	124.155			
EBHN	Hoevenen	135.005			



www.vliegenin nederland.nl

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